TRUE OOB VACATION GUIDE 2025



MYST Located In The Heart of Old Orchard Beach OOB, MAINE U.S.A.

43.51° N. 70.38° W.

We are well known for our appetizing food, cold beverages and beautiful ocean views backed by unparalleled service. We offer a wide variety of foods from the East Grand Cheeseburger to Fresh Maine Lobster Daily and everything in between including delicious homemade alfredo and steaks, lobster rolls, tantalizing salads and a great sandwich selection.











Matt Wolf & Mike Harris have been restraunteurs for over 20 years. They take pride in offering great hospitality and high quality entrees.

1 E Grand Ave., Old Orchard Beach (207) 934-8699



Oceanfront Dining

(150 Yards North of Pier)

A fun, relaxing atmosphere! Eat in or on our beachfront patio! Open Daily II a.m.







Blackened Fish Tacos Lobster Cakes Fried Clam Platter **Steamed Lobster**

SIGNATURE COCKTAI

Surf 6 Cocktail Malibu Rum Buckets Maine Lemonade **Sunset Sangria**



ENIOY LIVE MUSIC Playing The Best Beach Music



2 Cortland Avenue • Old Orchard Beach [207] 934-2058 • www.surf6oceanfront.com



A large selection of candy, chocolates, salt water taffy, homemade fudge, roasted nuts, nostalgic candies, novelties, and a whole lot more at The Candy Store...HOW SWEET IT IS!







Come Check Us Out · 1 East Grand Ave · Old Orchard Beach

The Tiki Hut

1 E Grand Ave • Located between the Ocean & Myst!









LIVE MUSIC

Thursdays & Sundays 3pm-6pm

Join us for our now-famous Frozen Dirty Banana, Tiki Punch, and fresh Mojitos.

Serving up oceanside Tiki food all day & night!





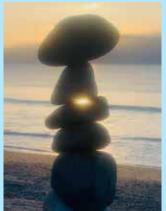


Welcome to the Beach!

There are many reasons for the special connection people feel toward Old Orchard Beach. It is the one beach town in Maine that reaches across generational lines and offers something for everyone to enjoy. It's a spot in this big loud world where family and friends can stay and play, creating lifelong bonds and memories. Take a little time to porous through these pages to find the right fit and turn this day into an Old Orchard Beach Adventure!

Take a little time to porous
I turn this day into an Old

Seas the Day!



BEACH TREASURE HUNT

For the intrepid beachcomber, dead sand dollars, shells, starfish, driftwood and varied smooth stones are not all you'll find. You may also find live critters.



To the right is a live sand dollar. You can tell it's alive because instead of the pale gray or white of a dead sand dollar as seen above, it is a dark gray. Also, on a live sand dollar there are tiny, velvety, hair-like spines that move against your hand. If these are present, place them back in the ocean. The same is true of any live creature. Place them back in the ocean; they are not easy to keep alive outside of their natural environment.



There's nothing quite so therapeutic as taking a walk on the beach. If walking along the beach listening to the waves crash, while smelling the salty ocean

air is not enough for you, then the seven miles of beaches are filled with all sorts of treasures, if you know what you're looking for. To the left are the "spoils" from a walk on the beach. There are brown, green, white and pale blue sea glass, sand dollars, small rocks, a shell, driftwood and a good-sized piece of white, sea ceramic.



which you should never disturb, the most prevalent plant/flower at the ocean is the sea rose or as its also called, the beach rose. The

sea rose was originally from "away", but easily took hold in New England due to its ability to

withstand salt spray.

TRUEOOB TEAM

Katie Paiton Jayne Bergeron Nate Laclaire NETWALKER

THE FUTURE



TRUEOOB VACATION GUIDE 2025

DINING
DRINKS
DESSERT
DANCING
ALL IN ONE
BIG
BUILDING



8 WEST GRAND AVENUE OLD ORCHARD BEACH





Air Conditioned Bar / Dining Room
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The ONLY Homemade Ice Cream At The Beach

Famous Hot Fudge Brownie Sundae / Handspun Frappes

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Have You Had A Big Lick Today?





BEACH RULES

- Drinking in public is illegal in the State of Maine including on public beaches.
- · Lock your car doors and don't leave valuables in the open.
- When on the beach or in open areas don't leave valuables unattended.
- The Old Orchard Beach Town dog park is located at Memorial Park on First Street, across from the Chamber of Commerce and Train Station.
- From May 15th to Labor Day dogs are not allowed on the beach from 9:00 AM to 5:00 PM and dogs must be on a leash from 5:00 PM to dusk.
- Sand dunes and dunegrass are protected under Maine state law Federal Law & Town Ordinance.
- Fireworks, open flames, fires, grills, and charcoal are prohibited on all town beaches.

LOCAL AA MEETINGS VISIT: CSOAAMAINE.ORG

- Horses and horseback riding are allowed only from October 1 through March 31. Riders must obtain a permit from the Town Clerks office at Scarborough Town Hall or Old Orchard Beach Town Hall.
- Use of all tobacco products is strictly prohibited at all town beaches.
- · All trash is carry in and carry out. Please place all trash in provided bins.
- Do not go near or disturb the piper plover nests. They are well marked. They are protected under Federal Law. No dog shall approach within 100 feet of protected areas.
- If you see something, say something
 - 911 or calling the local police department.
- Old Orchard Beach Police 207-934-4911 Saco Police 207-284-4535
- Biddeford Police 207-282-5127 Scarborough Police 207-883-6361

CABLE TV LISTINGS

03 PEG 04 WPFO - FOX 06 WCSH 07 WPXT 08 WMTW-ABC 10 WCBB-PBS WENH-PBS 11 12 WPXT - THE CW WGME-CBS 13 14 WIPL-ION **CSPAN** 16 **EWTN** 18 19 NECN WHDH-IND OWN 21 23 BET

USA Network 26 NESN 27 28 Comcast SportsNet 30 **ESPN** ESPN2 31 WE tv 32 Oxygen 33 34 Disney Channel Cartoon Network 35 Nickelodeon 37 msnbc CNN 38 39 HLN 40 CNBC 41 FOX News Channel

Discovery Channel

42 TBN **43 TNT** 44 Lifetime 45 LMC 46 TLC **AMC** 47 48 HGTV Travel Channel 49 50 A&E 51 **Food Network** Bravo 53 truTV Hallmark Channel SYFY 57 **Animal Planet**

National Geographic 54 55 56

58 HISTORY 59 The Weather Channel Paramount Network 60 61 Comedy Central 62 FX MotorTrend HD 63 64 E! TCM 66 67 TV Land 68 TBS

69 VH1 Premium **70 MTV** Channels CMT 71 May Not Be Available

Cable stations subject to change.

online channel lineup visit: WWW.BUNDLEINTERNET.COM/MAINE/SACO-ME-04072/CHANNEL-LINEUP

HOUSES OF WORSHIP

BAPTIST Saco Bay Community Church 146 Ferry Road, Saco sacobaycc.org (207) 284-7338

CATHOLIC Good Shepherd Parish Website: goodshepherdparish.us

Most Holy Trinity Church 271 Main Street, Saco (207) 282-3321

St. Joseph Church 178 Elm Street, Biddeford (207) 282-3321

St. Margaret 6 Saco Avenue, Old Orchard (207) 282-3321

CHURCH OF CHRIST **Biddeford Church of Christ** 266 Pool St., Biddeford biddefordchurchofchrist.com (207) 284-7123

Church of Jesus Christ of Latter-day Saints 15 Smith Lane, Saco (207) 283-1286

CONGREGATIONAL First Parish United Church of Christ 12 Beach St., Saco firstparishsaco.org

(207) 283-3771 **EASTERN ORTHODOX** St. Demetrios Greek Church

186 Bradley St., Saco stdemetriosofmaine.com (207) 284-5651

EPISCOPAL Trinity Episcopal Church 403 Main St., Saco trinitysaco.org (207) 284-4852

JEWISH SYNAGOGUE Congregation Beth Israel
49 East Grand Ave., Old Orchard (207) 934-2973

METHODIST Cornerstone United Methodist 20 Jenkins Rd., Saco (207) 571-4100 umccornerstone.com

OOB United Methodist Church 6 Fountain Ave., Old Orchard oobumchurch.org (207) 934-5553

PENTECOSTAL Royal Ridge Church of God 6 Royal Ridge Road, Scarborough royalridge.org (207) 883-4993

SALVATION ARMY 2 Sixth St., Old Orchard nne.salvationarmy.org/oldorchard (207) 934-4381

UNITARIAN UNIVERSALIST Unitarian Universalists Church 60 School St., Saco uuchurchsacobiddeford.com (207) 282-0062

THE TEMPLE 50 Temple Ave., Ocean Park oceanpark.org (207) 934-9068





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Must be 18 with valid driver's license

MENTION THIS AD

YOUR RENTAL

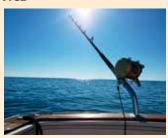
ADVENTURE & ENTERTAINMENT

LITTLE MISS PADDLEBOARD

73 East Grand Ave, Old Orchard, 207-934-5680. Being in the moment paddle boarding and riding the waves is very exhilarating for some and for others it's a very spiritual experience. Keep in mind, it's not just the physical act, it's about becoming one with your environment - the ocean and its beauty, power and creatures. Paddleboard rentals are located at the Little Miss Cottages office in beautiful Old Orchard Beach. We offer the largest selection of professional paddle boards in the area and are conveniently located 75 yards from the ocean. Pick-up and Parking available! FMI visit littlemisspaddleboards.com.

MISS MADISON CHARTERS SERVICE

Camp Ellis Pier, Saco, Maine, 207-468-6939. Build memories on your next sea adventures with Captain; James Kelley. We offer 3 fishing charters to choose from, Deepsea ground fishing, Shark fishing and Tuna fishing. These are 8 plus hrs. fishing trips and all fishing gear



and bait is included. On these trips you can see whales, sunfish, dolphins, seals, and sharks. We offer Sightseeing and Sunset charters that are around 3 hrs. long. On all these charters you can see islands, whales, seals, sea birds, light houses and more. All charters can accommodate up to 6 customers and prices are per charter not per customer. For more info. and pricing go to our website at missmadisoncharters.com

SCOOTER, GOLF CART & ELECTRIC BIKE RENTALS

29 Old Orchard Street Old Orchard Beach, ME 207-299-5207 Looking to explore this beautiful beach town? Give us a call

to reserver your ride and do it in style! We offer the right rental for you and your family to scoot around in. Create your own adventure! (Must be 18 with a valid license).



MAINE TOUR COMPANY

207-606-8687. Discover Maine's best tours in one click with Maine Tour Company! From Casco Bay sights to craft brewery adventures, our local tour operators bring authentic experiences to life. Simplify your Maine adventure with our catalog of tour options available in Portland and beyond. Join us to explore, experience, and embrace Maine's vibrant community. To explore tours and activities, visit mainetourco.com.

CITY THEATER

205 Main St, Biddeford. City Theater in Biddeford, Maine is a fully restored 1890s Opera House offering year-around community theater, music, movies, comedy, entertainment, and more to New England and Southern Maine communities. The mission of City Theater Associates is to foster an appreciation for the performing arts by using creative avenues to increase community involvement.

BIG BITES/BIG SHOTS

8 West Grand Avenue, Old Orchard Beach. Located across from the pirate ship on the second story, join us for lunch and dinner on the covered deck with ocean views, your favorite drinks, and delicious food. At 10pm the lights kick on and the music turns up. See our Facebook for an up-to-date entertainment schedule. Big Bites/Big Shots

SURF 6

2 Cortland Avenue, Old Orchard Beach. Surf 6 beach-front deck is the perfect spot to enjoy your favorite cocktail and delicious food while taking in the breathtaking views of the Atlantic Ocean. Surf6front.com

MYST

1 East Grand Ave., Old Orchard Beach. Located in the Heart of downtown Old Orchard Beach, The Myst is the perfect spot to sit back and relax while stil being in the center of it all.

THE TIKI HUT

1 East Grand Old Orchard Beach. The Tiki Hut embraces the island-vibe with with live music Thursday & Sunday from 3pm - 6pm and blending classic Maine food items with a little Caribbean flare. Their drink menu is filled with island



favorites, from frozen daiquiris, to mojitos, to their soon-to-befamous Tiki Punch.

TOP OF THE PIER NIGHTCLUB

Located on THE PIER. When the sun goes down, it is time to navigate towards Lindbergh's Landing. We are known at the place to be in OOB!

BULL & BREW

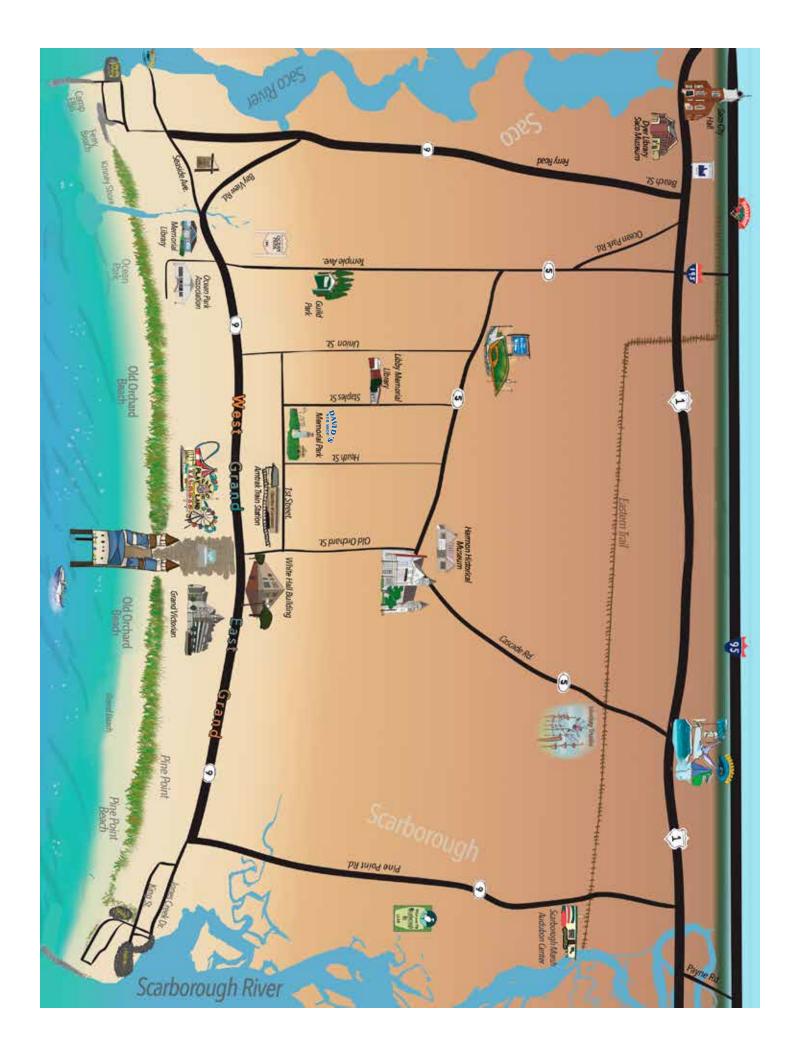
6 East Grand Avenue in Old Orchard Beach. Join us at Southern Maine's hottest country music joint playing the best country hits all day and live bands at night. Grab a beer and some wings, play pool or jumbo Jenga, or kick back around the fire in our big outdoor patio and play Cornhole with friends.

THE SUNSET DECK

Located on THE PIER. The sunset deck is the perfect place to you have your favorite beverage, be entertained, enjoy the salt air while listening to the surf roll in on the beach.

WATER'S EDGE TIKI BAR AT ROYAL ANCHOR

203 East Grand Avenue, Old Orchard Beach. Get ready for an unforgettable summer at Water's Edge Tiki Bar. Sip handcrafted cocktails by the ocean, or just soak in the beach vibes with friends, there's no better place to be. From smooth acoustic sets to full-blown dance parties, there's something for everyone at the tiki bar. We're bringing the heat all season long with an incredible lineup of talent, featuring fan favorites like the Don Campbell Band and the high-energy sounds of Trifecta—plus so many more amazing acts lighting up our stage every week.



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See our Facebook Page for Daily Specials

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Homemade Soups • Chowders • Award Winning Chili
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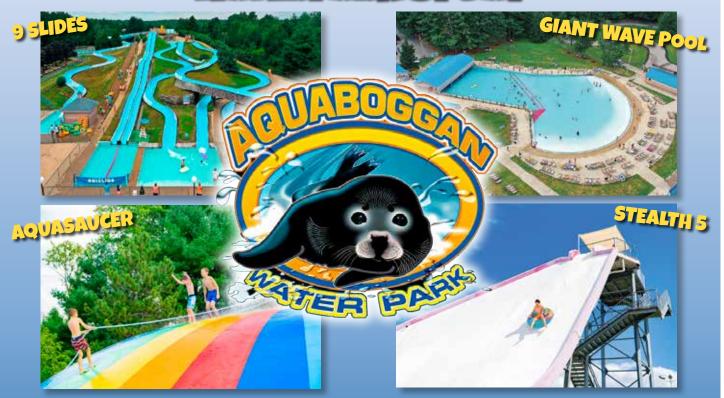


Who's Hungry?





WATERPARKBYDAY



TURBO DROP · PIPELINE · KIDS AREA · POOLSIDE CABANAS · PICNIC AREA · B'DAY PARTIES









DRIVE-IN BY NIGHT

movie Listings
& GATE TIMES





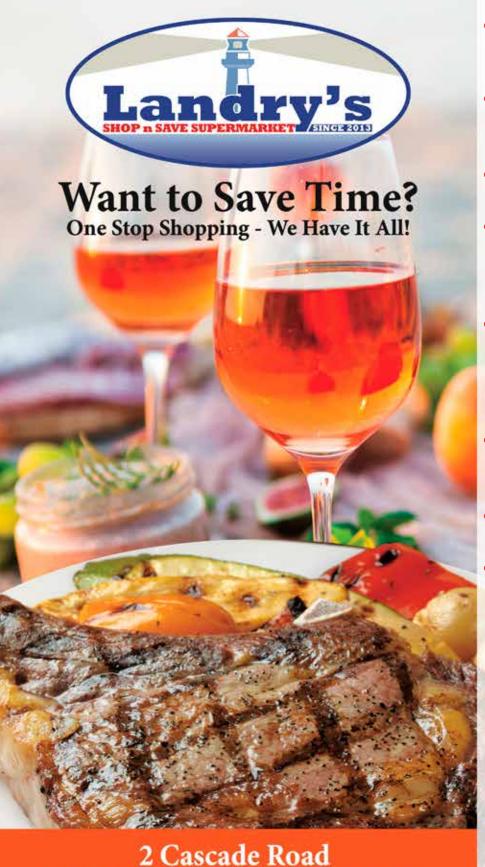


not Just a movie



an experience

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- Maine Seafood
 Lobsters, clams & more!
- Fresh Produce

 Maine grown when available.

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- Grab 'n Go Deli
 On your way to the beach...
 Grab our freshly-made Italian
 sandwiches, finger rolls, salads
 or pre-sliced cheese & meats.
- Bakery
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 pastries and desserts.
- Spirits, Beer & Wine Best variety & selection in OOB!
- Hot Food Bar & Takeout
 Daily entrees available at our Hot
 Foods Bar, Premade homemade
 meals (hot or cold), Pizzas,
 Sandwiches, Dinners and sides
 available for takeout.

Full menu on our website
Call our takeout line to order
(207) 937-8238

Visit our website landrysshopnsave.com



Old Orchard Beach, ME 04064 Store Hours: 8am-8pm (207)934-4311

SCHEDULE OF EVENTS

MAY

May 26

MEMORIAL DAY PARADE - Co-hosted by the Town of Old Orchard Beach and the American Legion. The parade begins at 1:00pm at the corner of Ballpark Way and E. Emerson Cummings Blvd, proceeds down Saco Ave., Old Orchard St., to First St. and ends at Veteran's Memorial Park. FMI visit oobmaine.com.

JUNE

June 7

OOB365 SCOTTISH FESTIVAL - Held in Veteran's Memorial Park with gates opening at 8:30AM. Activities throughout the day include: Pipers, Highland games, traditional Scottish dancing, food, Scottish whiskey tasting and entertainment. FMI and tickets visit oob365.com.

June 12 - June 14

BACK TO THE BEACH CORVETTE WEEKEND

If you love Corvettes or own one yourself, this event is perfect for you. On Thursday the 12th, we start festivities with a gathering at the Clambake

restaurant around noon and later in the day around 5pm the Corvette's will be at Fielder's Choice Icecream. Friday evening we have a band and fire pits on the beach in front of the Atlantis Motel from 7 PM to 10PM. The Corvette Show will be on Old Orchard Street from 9 AM to 1 PM on Saturday. FMI call Ralph 508-335-0992.



June 19 - June 22

LA KERMESSE FESTIVAL WEEKEND - The annual La Kermesse Franco Americaine Festival is exciting and has something for all ages. We have rides, crafters, games, live music, food, vendors, and live entertainment each day. The festival is located at the St. Louis Field, corner of Prospect & West Street, Biddeford. FMI visit lakemessefestival.com.

June 21

SACO MAIN STREET SIDEWALK ARTS FESTIVAL - Thousands of people attend this annual event for art, music, food & fun from 9AM - 3PM. Over 75 artists, photographers and fine craftspeople will once again transform Main Street in Saco and Pepperell Square into a giant outdoor art gallery displaying a rich variety of artwork, photography and sculpture. FMI visit sacomainstreet.org.

JULY

July 3

OCEAN PARK SAND SCULPTURE COMPETITION - Annual Competition on the beach! This year's theme: Wonders of the World. A flier with information and rules will be available at the Ocean Park Office after

Memorial Day or at the site on the day of the competition. You must register in order to compete. Judging begins at 4:00 pm. Winners are announced at 4:30 pm on the beach. FMI call 207-934-9068 or visit oceanpark.org.

July 4

OCEAN PARK INDEPENDENCE DAY FESTIVITIES - Ocean Park's Independence Day Celebrations include a Fourth of July parade with floats, marching band, kazoo band, decorated bicycles and more! The parade is followed by a patriotic band concert at the Bell Tower. There is an all day



art show at the Town Square, and the day ends with a community square dance. FMI visit oceanpark.org.

July 4

ART SHOW & SALE IN OCEAN PARK - Saco Bay Artists Art Show is a tradition that features the works of local talent. It features a wide variety of art; paintings, drawings, photography, mixed media, sculptures, pottery and jewelry. The location is the Ocean Park Library lawn from 9AM to 4PM. FMI visit sacobayartists.org.

July 26

OCEAN PARK 5K - The Ocean Park 5K is a flat race, winding through towering pines, along the beach roads, passing those familiar cottages and cheering fans, with a straight shot back down Mass Ave and Randall before finishing in the town square. FMI call 207-934-9068 or visit oceanpark.org.

AUGUST

August 2

ART SHOW & SALE IN OCEAN PARK - Saco Bay Artists Art Show is a tradition that features the works of local talent. It features a wide variety of art; paintings, drawings, photography, mixed media, sculptures, pottery and jewelry. The location is the Ocean Park Library lawn from 9AM to 4PM. FMI visit sacobayartists.org.

August 2

ANNUAL FESTIVAL OF LIGHTS & ILLUMINATION NIGHT IN OCEAN PARK – Welcome to the annual Ocean Park Community Festival of Lights, with music and food that celebrates the family-friendly spirit that makes Ocean Park a special place. Illumination Night is a collage of the activities and experiences that make up a summer in Ocean Park. No admission cost! FMI call 207-934-9068 or visit oceanpark.org.

August 9 - 10

CAMP ELLIS HARBORFEST - Join us in Camp Ellis to celebrate Saco's working waterfront! To kick the festivities off on the 9th Huot's Restaurant will have live music and approximately 9pm a firework shoe over the Saco River. On the 10th we have activities for all ages, food trucks, crafters and sightseeing trips. FMI visit sacomaine.org/community/camp_ellis_harborfest/schedule.php.





Corner of West Grand & Temple Ave.

For more information:

sacobayartists.org
P.O. Box 7100, Ocean Park, ME 04063

Sponsors: Saco & Biddeford Savings Institution and PeoplesChoice Credit Union

August 16

BREAKAWAY 5K & MARYLIN & NAT GOLZBEIN KID'S RUN - The

5K race benefits the MAPS Scholarship Foundation, created by Louis Ladakakos with a mission of providing scholarships for Old Orchard Beach High School Seniors. FMI visit oobmaps.org.



August 16

RIVER JAM- River Jam returns to Biddeford with an incredible celebration of music and community, right in Mechanics Park, alongside the Saco River. Starts at 11 AM and goes to 9:30 PM. FMI visit heartofbiddeford.com.

August 30 **ART SHOW & SALE IN OCEAN PARK** – Saco Bay Artists Art Show is a tradition that features the works of local talent. It features a wide variety of art; paintings, drawings, photography, mixed media, sculptures, pottery and jewelry. The location is the Ocean Park Library lawn from 9AM to 4PM. FMI visit sacobayartists.org

August 30

FERRY BEACH SUMMER COOKOUT - 5 Boardwalk Drive, Saco. Celebrate Labor Day with an all-you-can-eat barbecue, live music by a local band, family games and activities, fun at the beach & so much more!Lobster, Hamburgers, Hot dogs, Veggie burgers, Grilled Chicken, Shrimp, Salads, Portobello mushrooms, Farm-fresh corn on the cob, Hors d'oeuvres, Homemade desserts & more! Appetizers will be served at 4:30 PM followed with the main course at 5:30 PM. You can buy tickets before the event, but walk-ins are accepted. FMI visit ferrybeach.org. oobpier.com

SEPTEMBER

September 6

PARKINSON RIDE - The annual New England Parkinson ride in Old Orchard Beach, Maine offers four distinct routes that cover all ages and abilities; 10, 30, 50, or 100 miles. All rides start and end at "The Ball Park" where we will host a fun-filled family day complete with food, drink, games, and music! 100 % of the money raised by this event goes to The Michael J. Fox Foundation! FMI visit neparkinsonsride.com.

September 12 - September 13

ANNUAL OLD ORCHARD BEACH CAR SHOW - One of New England's largest car shows! This weekend-long event highlights cars in many different categories and classes, with a Friday Night Showcase and Awards Presentation on Saturday. FMI call 207-934-2500 or visit oldorchardbeachmaine.com.

September 13

MAINE OPEN LIGHTHOUSE DAY - 9 am - 4 pm This is one day each year that dozens of lighthouses along the Maine coast will be open to visitors. lighthousefoundation. org/maine-open-lighthouse-day/



September 27

OKTOBERFEST - Heart of Biddeford has teamed up with our world-class local breweries to bring one of the best beer traditions right to downtown Biddeford. We'll be blocking off a section of Lincoln Street from 12 - 6 so we can celebrate in true fest-style with festbiers, food trucks and vendors, live music, and family-friendly fun! With plenty of room to relax and enjoy the festive atmosphere, it's going to be a day full of fun, laughter, and community spirit! FMI visit heartofbiddeford.com

SUMMER CONCERT SERIES

July 2 - August 14

OLD ORCHARD BEACH CONCERT IN THE BALLPARK The Old Orchard Beach Ballpark is known not only for baseball but for great concerts. The most talented musicians around New England come to the Ballpark to play at this great venue. Our family-friendly summer concert series will feature 7 concerts this years--with 1 Wednesday night concert and 6 Thursday night concerts. The gates open at 5:00PM with live music from 6:00pm-8:00pm. As always, parking is FREE. Our concession stand will be open with all of your favorite snacks and beverages as well as a new, exciting menu! We also have a stage-side beer barn stocked full of your favorite beers, wines and seltzers. We accept both cash and card at the ticket office, concession stand and beer barn. Sponsored by Old Orchard Beach Recreation. 7 Ballpark Way. FMI call 207-934-0860. FMI visit oldorchardbeachme.myrec.com

June 29 – August 24

OCEAN PARK SUNDAY SUMMER MUSIC FESTIVAL Great music and entertainment are a tradition at Ocean Park. All weekly Sunday concerts are free to the public and held at the Bandstand (moved to the 50 Temple Ave if rain). Don't forget to bring your lawn chair to the Bandstand! FMI call 207-934- 9068 or visit oceanpark.org.

July 2 - July 30

BIDDEFORD WEDNESDAY NIGHT MUSIC IN THE PARK Bands from all over New England come to present their original music. We encourage audiences to dance, sing, and interact with the band at our free concert. Please feel free to bring chairs, blankets and even dinner (from home or your favorite restaurant downtown!!). We often use different parks, so please check the schedule and join us at one of three parks: Rotary Park, Shevenell Park & Mechanics Park. FMI visit heartofbiddeford.org.

FIREWORKS DISPLAY



June – Late August Every Thursday night Palace Playland & The Pier sponsor a free firework display starting at 9:30 PM.



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SUMMER OF 2025 TIDE CHARTS

MAY

Date	High (AM)	High (PM)	Low (AM)	Low (PM)
1	2:02	2:50	8:26	8:37
2	2:58	3:51	9.24	9:36
3	4:00	4:54	10:26	10.41
4	5:05	5:58	11:30	11:49
5	6:12	7:01		12:33
6	7:17	7:59	12:58	1:34
7	8:19	8:51	2:03	2:29
8	9:13	9:37	2:59	3:17
9	10:02	10:17	3:48	3:58
10	10:46	10:54	4:31	4:36
11	11:27	11.29	5:10	5:12
12		12:06	5:47	5:46
13	12:04	12:43	6:22	6:21
14	12:38	1:20	6:57	6:56
15	1:13	1:56	7:33	7.33
16	1:49	2:35	8:11	8:13
17	2:29	3:17	8:53	8:57
18	3:14	4:04	9:39	9:47
19	4:04	4:55	10:28	10:42
20	4:59	5:47	11:20	11:41
21	5:58	6:41		12:13
22	6:59	7:36	12:42	1:08
23	8:02	8:30	1:45	2:04
24	9:03	9:23	2:45	2:59
25	10:00	10:15	3:42	3:52
26	10:56	11:07	4:36	4:45
27	11:52		5:30	5:38
28	12:00	12:47	6:24	6:31
29	12:53	1:41	7:18	7:25
30	1:47	2:36	8:12	8:21
31	2:43	3:33	9:07	9:19

JUNE

Date	High (AM)	High (PM)	Low (AM)	Low (PM)
1	3:41	4:31	10:04	10:20
2	4:41	5:28	11:00	11:22
3	5:40	6:23	11:55	
4	6:40	7:16	12:25	12:49
5	7:39	8:07	1:26	1:41
6	8:35	8:54	2:23	2:31
7	9:27	9:37	3:14	3:16
8	10:14	10:18	4:00	3:58
9	10:58	10:57	4:41	4:37
10	11:40	11:35	5:21	5:16
11		12:20	5:59	5:54
12	12:14	12:59	6:36	6:32
13	12:51	1:37	7:14	7:11
14	1:30	2:15	7:52	7:53
15	2:11	2:56	8:33	8:38
16	2:55	3:41	9:16	9:28
17	3:44	4:28	10:02	10:22
18	4:37	5:18	10:51	11:19
19	5:34	6:10	11:42	
20	6:34	7:05	12:19	12:36
21	7:38	8:02	1:21	1:34
22	8:42	8:59	2:24	2:33
23	9:44	9:55	3:25	3:31
24	10:42	10:51	4:22	4:27
25	11:39	11:46	5:18	5:22
26		12:34	6:12	6:17
27	12:40	1:26	7:04	7:10
28	1:33	2:17	7:55	8:03
29	2:24	3:08	8:44	8:57
30	3:16	3:59	9:33	9:52

JULY

Date	High (AM)	High (PM)	Low (AM)	Low (PM)
1	4:09	4:49	10:22	10:48
2	5:03	5:38	11:10	11:44
3	5:58	6:27	11:58	
4	6:54	7:17	12:41	12:47
5	7:52	8:07	1:39	1:39
6	8:48	8:56	2:34	2:31
7	9:39	9:42	3:25	3:19
8	10:27	10:26	4:10	4:04
9	11:11	11:08	4:53	4:46
10	11:53	11:49	5:33	5:27
11		12:33	6:12	6:08
12	12:30	1:12	6:50	6:50
13	1:10	1:50	7:28	7:33
14	1:52	2:31	8:08	8:19
15	2:36	3:13	8:50	9:09
16	3:24	4:00	9:35	10:02
17	4:17	4:50	10:24	10:59
18	5:15	5:43	11:15	11:59
19	6:16	6:40		12:11
20	7:22	7:42	1:03	1:12
21	8:29	8:45	2:10	2:16
22	9:33	9:45	3:14	3:18
23	10:32	10:42	4:13	4:17
24	11:28	11:37	5:08	5:12
25		12:20	6:00	6:04
26	12:28	1:08	6:48	6:54
27	1:16	1:53	7:32	7:42
28	2:02	2:36	8:15	8:30
29	2:47	3:19	8:57	9:18
30	3:34	4:03	9:39	10:07
31	4:23	4:48	10:22	10:58

AUGUST

Date	High (AM)		Low (AM)	Low (PM)
1	5:15	5:35	11:07	11.52
2	6:09	6:25	11:55	
3	7:07	7:19	12:49	12:49
4	8:07	8:15	1:49	1:46
5	9:03	9:07	2:46	2:41
6	9:53	9:55	3:36	3:30
7	10:38	10:40	4:20	4:16
8	11:20	11:23	5:02	4:59
9		12:01	5:41	5:43
10	12:05	12:40	6:20	6:27
11	12:48	1:20	6:59	7:12
12	1:31	2:01	7:40	7:59
13	2:17	2:44	8:23	8:49
14	3:06	3:32	9:09	9:43
15	4:01	4:24	9:59	10:41
16	5:00	5:21	10:54	11:43
17	6:04	6:24	11:54	
18	7:13	7:31	12:51	1:00
19	8:23	8:38	2:01	2:09
20	9:27	9:40	3:07	3:13
21	10:23	10:35	4:05	4:11
22	11:14	11:26	4:56	5:03
23		12:01	5:43	5:51
24	12:12	12:43	6:25	6:36
25	12:56	1:22	7:04	7:19
26	1:37	2:00	7:41	8:00
27	2:18	2:37	8:17	8:42
28	2:59	3:15	8:55	9:26
29	3:44	3:58	9:35	10:13
30	4:33	4:44	10:20	11:04
31	5:26	5:36	11:09	

SEPTEMBER

Date	High (AM)		Low (AM)	Low (PM)
1	6:23	6:33	12:00	12:03
3	7:24	7:33	1:01	1:02
3	8:24	8:30	2:02	2:02
4	9:15	9:22	2:56	2:57
5	10:01	10:08	3:43	3:45
6	10:43	10:53	4.25	4:31
7	11:24	11:38	5:05	5:17
8		12:05	5:46	6:03
9	12:23	12:47	6:28	6:50
10	1:09	1:30	7:11	7:38
11	1:58	2:16	7:56	8:29
12	2:49	3:06	8:45	9:24
13	3:46	4:03	9:39	10:25
14	4:49	5:06	10:38	11:31
15	5:56	6:14	11:44	
16	7:07	7:25	12:41	12:54
17	8:15	8:32	1:53	2:05
18	9:16	9:32	2:56	3:08
19	10:08	10:24	3:50	4:03
20	10:55	11:11	4:37	4:51
21	11:36	11:54	5:19	5:35
22		12:14	5.57	6:16
23	12:34	12:49	6:32	6:54
24	1:12	1:23	7:06	7:31
25	1:50	1:57	7:40	8:09
26	2:28	2:33	8:16	8:49
27	3:10	3:13	8:55	9:33
28	3:56	4:00	9:39	10:23
29	4:48	4:53	10:29	11:18
30	5:45	5:51	11:24	

OCTOBER

Date	High (AM)		Low (AM)	Low (PM)
1	6:43	6:51	12:16	12:23
3	7:42	7:51	1:16	1:24
	8:34	8:46	2:11	2:22
4	9:21	9:36	3:00	3:15
5	10:05	10:24	3:45	4:04
6	10:47	11:11	4:28	4:51
7	11:31		5:12	5:39
8	12:00	12:16	5:57	6:28
9	12:49	1:02	6:43	7:19
10	1:40	1:52	7:32	8:11
11	2:33	2:45	8:24	9:08
12	3:33	3:45	9:21	10:11
13	4:38	4:52	10:25	11:19
14	5:46	6:02	11:34	
15	6:55	7:12	12:28	12:46
16	8:00	8:18	1:35	1:56
17	8:57	9:16	2:36	2:57
18	9:46	10:06	3:27	3:49
19	10:28	10:51	4:11	4:34
20	11:07	11:32	4:50	5:16
21	11:43		5:26	5:54
22	12:12	12:17	6:00	6:30
23	12:49	12:50	6:34	7:05
24	1:25	1:24	7:08	7:41
25	2:03	1:59	7:44	8:19
26	2:42	2:39	8:23	9:02
27	3:26	3:24	9:06	9:49
28	4:15	4:16	9:56	10:41
29	5:09	5:12	10:50	11:35
30	6:04	6:11	11:48	
31	6:58	7:10	12:30	12:49

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features pool tables, mini bowling, arcade games and is the perfect place for kids to have fun while parents relax and enjoy Maine's largest tap selection. FMI visit Jimmygreeks.com



BIDDEFORD MILLS MUSEUM

2 Main Street, Suite 17-301G Biddeford, Maine, 207-229-8976.

Biddeford Mills Museum has worked for more than 11 years to collect and preserve 170 years of history of the mill buildings and the people from this community who spent their lives working in the second largest textile mill in the United States. The museum



is open every Thursday, Friday, and Saturday from noon until 4 PM where you will have a fascinating glimpse into a vibrant history of the textile industry. Walk through rooms that were once weave sheds and visit the underground canals by booking a narrated tour on the museum website, biddefordmillsmuseum.org.

JUNGLE ADVENTURE 3D MINI GOLF

29 Old Orchard Street, OOB, 207-937-6020. This is an experience you do not want to miss! Check out the COOLEST air-conditioned indoor mini golf course and arcade with a large selection of pinball machines in Old Orchard Beach. Take an adventure through the jungle in our 3D-blacklight 18 hole MINI-GOLF course. Everyone gets a pair of custom 3D glasses to maximize the out of this world effects. We are fun for all ages, open 7 days a week and offer a reward program for a free round for people who can't stop playing. Play 5, play 1 on us. We are located on the strip, top of the hill on Old Orchard Street. For more photos and information visit our facebook and website. jungleadventureminigolf.com.

EXPLORE LOCAL STORES

The Old Orchard Beach area is a shopper's paradise! Beachwear, sportswear, and women's, men's and children's clothing, accessories, memorabilia and collectibles, souvenirs, jewelry, antiques, and home décor – whatever you're looking for, you're sure to find it here. In fact, with a deal, bargain and treasure to be discovered around every corner, you could probably spend an entire vacation just

BIDDEFORD
MILLS MUSEUM

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Pepperell Mills &
Exhibits of Biddeford

biddefordmillsmuseum.org

perusing the many stores and shops our area has to offer! FMI on local stores visit trueoob.com.

PORTLAND MUSEUM OF ART

7 Congress Square, Portland, 207-775-6148. Discover three centuries of art and architecture at the Portland Museum of Art. Experience works by Winslow Homer, Marsden Hartley, Rockwell Kent, and Andrew Wyeth. See European masters including Degas, Monet, Renoir, and Picasso. Visit the Museum store and café. FMI visit portlandmuseum.org.

HARMON MUSEUM

4 Portland Ave, Old Orchard Beach, 207-934-9319. Knowledgeable docents of the Old Orchard Beach Historical Society are available as guides while you visit the Harmon Museum. Learn the story of the people, places, things, and events of Old Orchard Beach told in many ways. Admission is free to one and all and donations are gladly accepted. FMI visit harmonmuseum.org

LIBBY MEMORIAL LIBRARY

27 Staples Street, Old Orchard Beach, 207-934-4351. The library offers summer children's programs, 24-7 WI-FI (also accessible outside of the building), public computers and fax/print/scan capabilities for a fee. Free passes to Seashore Trolley Museum, Southworth Planetarium, Portland Museum of Art, Children's Museum & Theater of Maine (50% off) and the Maine Wildlife Park are available. Library

hours: Tuesday through Friday 9:30 AM - 6 PM, Saturday, 10:30 AM - 2:30 PM. Looking for a book to read or an unique adventure? Go on a book hunt throughout the town. SEVEN LOCATIONS OF FREE LITTLE LIBRARY BOXES: Front of the library, Front of Town Hall, Parking lot side of Memorial Park near



playground, Near Fire Station on E. E. Cummings Blvd, Loranger/ Jameson Schools near playground, Foot of Union Ave near the beach entrance, Billow House in Ocean Park and FMI on what's happening at the Library, please visit www.ooblibrary.org

HARMONIC EGG SACO

110 Main St., Suite 1210, Saco, Maine, 207-831-4344. The Egg is based on sacred geometry, light, color, and sound frequencies to empower the body's own healing energy. By amplifying energy resonance within the chamber, the client receives an energy therapy that is precisely controlled, consistent, and repeatable. This can be a good compliment or an alternative to conventional medicine. For more information and to schedule your visit, visit harmoniceggsaco.com.





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BEST outdoor movie experience! Open Wednesday – Sunday Memorial Day weekend through October. Movies start at dark. Whether it's a romantic date or a family outing, your night out will never break the bank. Your Vacation In A Day is now a Waterpark by day and Drive-In by



night. The fun never stops! For up-to-date movie listings, events, and general information, visit thesacodrivein.com.

CHILDREN'S MUSEUM & THEATRE OF MAINE

250 Thompson's Point, Portland, 207-828-1234. Come discover three floors of interactive exhibits, hands-on play, and exploration for ages 0-12, including a toddler and infant zone, state-of-theart theatre, MakerSpace, water and air play, an aquarium, and more. Reservations highly recommended. Daily programs, events calendar, and tickets at kitetails.org

DESERT OF MAINE

95 Desert Road, Freeport, 207-865-6962. The Desert of Maine is a forty-acre natural attraction that boasts many opportunities for family fun. The Desert of Maine offers walking tours, nature trails, giant sand dunes, a picnic area, and a barn museum that is the only building left standing from the William Tuttle Farm. The Tuttle's bought the 300-acre farm in 1797. Poor soil management resulted in severe soil erosion that uncovered the tract of exposed glacial silt. New for summer 2022 uniquely themed mini-golf course!. www. desertofmaine.com

SEASHORE TROLLEY MUSEUM

195 Log Cabin Road, Kennebunkport, 207-967-2800. The Seashore Trolley Museum's exhibits in the Visitor Center, and throughout the 330-acre campus, offer a living history of public transportation. The museum is open rain or shine, 7 days a week. The main attraction is the 1.5 mile interpretive railway where visitors, with their admission, go for an unlimited number of rides on our authentically restored streetcars. The campus also houses a collection of over 250 transit vehicles, most of them trolleys, from all over the United States, Canada and many other countries. They are the oldest, and largest electric railway museum in the world. Events can be found on their website. www.trolleymuseum.org

SOUTHWORTH PLANETARIUM

70 Falmouth Street, Portland, 207-780-4249. Built in 1969 the 30-foot dome is equipped with over 50 slide and special effects projectors, 3 video projectors, an all-sky system, a state-of-the art laser system, digital sound system, and a star projector. What can you do at the Planetarium? See a show, attend a lecture, buy fascinating science toys, explore the exhibit area, and learn the night sky. Various shows rotate through the month. Visit their website or call to explore their calendar of events! www.usm.maine.edu/planet Free loaner pass at Libby Memorial Library

THE EASTERN TRAIL (ETA)

A signed 65+ bile trail, 22 miles of which are off road, that extends from South Portland to Kittery. There are multiple trailheads in OOB and Scarborough. It travels by scenic woods, tidal marshes, and classic Maine villages. Since its creation, the trail has provided millions of people with a recreational and transportation resource that connects them to the beautiful Maine landscape. From walkers, to riders, to birders and family walks, the trail is a peaceful, tranquil experience for all to enjoy. FMI easterntrail.org

WOOD ISLAND LIGHTHOUSE

Located off the coast of Biddeford, the guided tour leaves from Vines Landing in Biddeford Pool. 1 Lester B Orcutt Blvd, Biddeford, is the closest location to the boat landing. The guided tour, which includes a boat ride to the island, a visit to the restored keeper's house, and a trip up the lighthouse tower takes approximately 2 hours. Reservations are required and there is a \$35 fee for adults and \$20 for children under 13. For tour dates and times and to make reservations, check out their website at: woodislandlighthouse.org





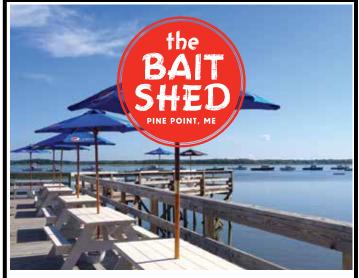
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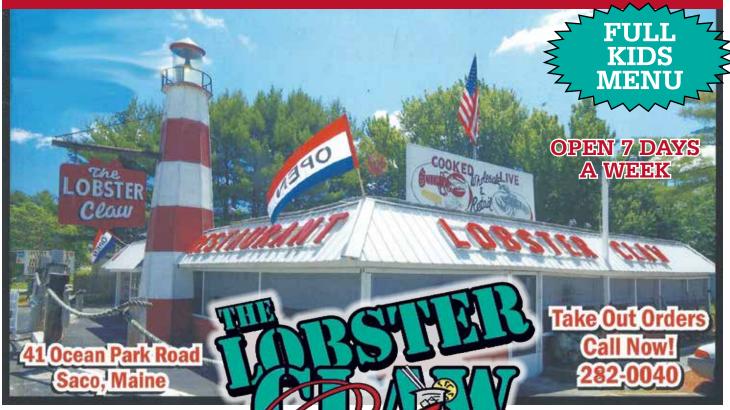


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Seafood Platter

1/2 Maine Lobster, Shrimp, Fried Clams, French Fries & Fresh Cole Slaw

Fisherman's Catch

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UNDER THE BROILER

Lobster Mac 'n Cheese Lazyman's Lobster Pie Whole Maine lobster served on a bed of seafood stuffing

Baked Stuffed Shrimp Jumbo shrimp seafood stuffed

Fresh Baked Haddock

Large haddock baked in a butter-cream sauce

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The original, baked from scratch, seafood stuffed

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Fresh sea scallops broiled in a garlic-butter wine sauce

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12 oz. Sirloin Steak Dinner

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Fried Chicken

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